

CARLOS
ALCARAZ
ACADEMY

CARLOS ALCARAZ ACADEMY CLINIC

MADRID, SPAIN
JULY 19-25, 2026

TENNIS AT A
NEW LEVEL



TABLE OF CONTENTS

03

ABOUT THE CLINIC

04

STAFF

05

TENTATIVE SCHEDULE

07

TRAINING FACILITY

08

STRENGTH & CONDITIONING

09

MENTAL COACHING

10

ACTIVE RECOVERY

11

PRICES & CONDITIONS

12

TYPES OF ROOMS

13

WHAT'S (NOT) INCLUDED

18

STEPS UNTIL THE CLINIC

19

FAQS



ABOUT THE CLINIC

Tennis aficionados are now presented with the opportunity to train under the renowned Carlos Alcaraz Academy methodology. Players will refine their skills at the world-class Ciudad de la Raqueta, guided by official coaches from the Carlos Alcaraz Academy.

This elite clinic welcomes players of all ages and levels, offering high-performance training balanced with curated free time to experience the vibrant energy of Spain's capital, whether independently or alongside friends and family.



DATES OF TRIP

From Sunday July 19th to
Saturday July 25th, 2026



LOCATION

Madrid, Spain



AGE OF PLAYERS

Players of all ages and levels



ACCOMMODATION

4 stars hotel in Madrid area



SPOTS AVAILABLE

Limited spaces available.
First come, first served of
those selected players



TRAVEL REQUIREMENTS

Youth players have to travel and stay at the hotel with at least one adult who will be responsible for them during the experience. 18+ players are welcome to travel with family/friends or solo

STAFF

- 🎾 TECHNICAL DIRECTOR
- 🎾 TENNIS COACHES
- 🎾 STRENGTH & CONDITONING COACH
- 🎾 ATHLETIC TRAINER
- 🎾 SPORTS PSYCHOLOGIST



**TENNIS AT A
NEW LEVEL**

TENTATIVE SCHEDULE
YOUTH PLAYERS

DAY/ TIME	July 19	July 20	July 21	July 22	July 23	July 24	July 25
8:30	ARRIVALS	WELCOME & COURT DISTRIBUTION					DEPARTURES
9:00		TRAINING	STRENGTH & CONDITIONING	TRAINING	STRENGTH & CONDITIONING	TRAINING	
10:00		SPORTS PSYCHOLOGY AND SNACK	TRAINING	SPORTS PSYCHOLOGY AND SNACK	TRAINING	SPORTS PSYCHOLOGY AND SNACK	
11:00		TRAINING	ACTIVE RECOVERY AND SNACK	TRAINING	ACTIVE RECOVERY AND SNACK	TRAINING	
12:00		LUNCH & ACTIVE RECOVERY	TRAINING	LUNCH & ACTIVE RECOVERY	TRAINING	LUNCH & ACTIVE RECOVERY	
13:00		TRAINING	LUNCH & SPORTS PSYCHOLOGY	TRAINING	LUNCH & SPORTS PSYCHOLOGY	TRAINING	
14:00		STRENGTH & CONDITIONING	TRAINING	STRENGTH & CONDITIONING	TRAINING	STRENGTH & CONDITIONING	
15:00	FREE TIME	POOL OR HOTEL (Optional End of Day)					
16:00	FREE TIME	ACTIVE RECOVERY	SPORTS PSYCHOLOGY	ACTIVE RECOVERY	SPORTS PSYCHOLOGY	ACTIVE RECOVERY	
17:00	WELCOME MEETING	SPORTS PSYCHOLOGY	ACTIVE RECOVERY	SPORTS PSYCHOLOGY	ACTIVE RECOVERY	SPORTS PSYCHOLOGY	
18:00	FREE TIME	TRANSFER TO HOTEL FOR FREE EVENING					

TENTATIVE SCHEDULE
ADULT PLAYERS

DAY/ TIME	July 19	July 20	July 21	July 22	July 23	July 24	July 25
8:30	ARRIVALS	BREAKFAST					DEPARTURES
9:30		TRANSFER	FREE TIME	TRANSFER	FREE TIME	TRANSFER	
10:00		STRENGTH & CONDITIONING		INJURY PREVENTION		STRENGTH & CONDITIONING	
12:00		TRANSFER TO HOTEL		TRANSFER TO HOTEL		TRANSFER TO HOTEL	
13:00		LUNCH					
15:30	FREE TIME	TRANSFER TO COURTS					
16:00		TRAINING					
18:00		REST					
18:30	WELCOME MEETING	TRAINING					
20:30	TRANSFER TO HOTEL						

TRAINING FACILITY

CIUDAD DE LA RAQUETA



STRENGTH & CONDITIONING

MONDAY

INJURY PREVENTION SESSION

TUESDAY

STRENGTH & TENNIS-SPECIFIC POWER

WEDNESDAY

COORDINATION & AGILITY

THURSDAY

**SPEED, ENDURANCE &
ON-COURT CONDITIONING**

FRIDAY

ACTIVATION & MOTOR CONTROL DAY



***YOUTH TENNIS PROGRAM**

MENTAL COACHING

- 🎯 Focus and concentration during play
- 🎯 Emotional management (nerves, frustration, joy, anger).
- 🎯 Positive self-talk and constructive internal messaging.
- 🎯 Simple routines before and between points.
- 🎯 Age-appropriate effort and performance goals.
- 🎯 Precision-based games.
- 🎯 Behavioral video analysis.



*YOUTH TENNIS PROGRAM

ACTIVE RECOVERY

- 🕒 “Warm-up Pro” (Tennis-Specific Warm-Up)
- 🕒 Injury prevention: shoulder, elbow, and wrist
- 🕒 Legs and balance: ankle, knee, and change of direction
- 🕒 Core + functional strength (no weights)
- 🕒 Recovery + post-training routine



*YOUTH TENNIS PROGRAM

PACKAGE PRICES



2795€

**ADULT/YOUTH
PLAYER**

**EACH*



1495€

SUPPORTER

**EACH*

*PLEASE NOTE

Your final package price is calculated using the amount of players and supporters attending in your group, NOT per room type.

EXTRA NIGHTS

If you wish to add any extra nights prior or after your event please refer to the F.A.Q. section of this catalog.

PAYMENT CONDITIONS

STEP 1 **DEPOSIT** AMOUNT: **\$600 USD**
PAYMENT DEPOSIT

STEP 2 **FIRST** WHEN: APRIL 1ST, 2026
PAYMENT AMOUNT: **\$1500 USD**
PER GROUP

STEP 3 **FINAL** WHEN: MAY 1ST, 2026
PAYMENT AMOUNT: **ALL BALANCE**
SHOULD BE PAID

STEP 4 **EXTRA** WHEN: JUNE 1ST, 2026
ACTIVITIES AMOUNT: **ALL ACTIVITIES**
SHOULD BE PAID

CANCELLATION POLICY

Registration fee — Deposit is not refundable.

Before May 1st, 2026 — 50% of the final payment.

After May 1st, 2026 — No refunds available.

*An additional coverage insurance will be offered for an extra fee (\$150), it can cover up to \$4,000 per person.

**There will be no refunds for people who voluntarily cancel for any reason during the trip.

***IF YOU CHANGE EVENTS, THE PRIOR ADDITIONAL COVERAGE DOES NOT APPLY.

TYPES OF ROOMS

4 STAR HOTEL NEAR THE TRAINING FACILITIES

PLEASE TAKE NOTE OF THE FOLLOWING CONSIDERATIONS WHEN
SELECTING YOUR TENTATIVE ROOMING:



ADULT = 13 Y/O OR OLDER



CHILD = 3 TO 12 Y/O



SINGLE ROOM

Available at an additional charge of \$700 with limited availability. Reservation confirmation is required from organizers.



2 occupants only.

DOUBLE ROOM

A standard room designed for two individuals, featuring either one queen-size bed (subject to hotel availability).



3 occupants only.

TRIPLE ROOM

Accommodates a maximum of three individuals, offering a standard setup with one queen-sized bed and one pullout bed. Suitable for up to two adults and one child.



4 occupants only.

QUADRUPLE ROOM

Intended for a maximum of four individuals, with one queen-sized bed and one pullout bed for two. Ideal for two adults and two young children.

****maximum 2 adults per room***

**If you select a room that does not match the number of guests, the correct amount of rooms will be automatically assigned.

WHAT DOES THE ADULT RESIDENTIAL CLINIC INCLUDE

SPORT

10 to 20 hours of tennis sessions



4 hours of strength & conditioning



2 hours of active recovery



1 individual sports therapy session



2 training uniforms (t-shirts, shorts, socks)



TRANSFERS

Transfers from & to the Madrid airport (specific arrival time)



Transfer to the facilities



ACCOMMODATION AND MEALS

6 nights, half board



Double rooms



Hotel 4*



Half board



Fruits and snacks after each training session



OTHERS

Full-time medical insurance



KS representative 24/7 with the group



4 laundry services (training clothes only)



WHAT DOES THE YOUTH RESIDENTIAL CLINIC INCLUDE

SPORT

- 15 hours of tennis sessions ☒
- 5 hours of mental coaching ☒
- 5 hours of strength & conditioning ☒
- 5 hours of active recovery ☒
- 2 training uniforms (t-shirts, shorts, socks) ☒



TRANSFERS

- Transfers from & to the Madrid airport (specific arrival time) ☒
- Transfer to the facilities ☒



OTHERS

- Full-time medical insurance ☒
- KS representative 24/7 with the group ☒
- Evening childcare ☒
- 4 laundry services (training clothes only) ☒



ACCOMMODATION AND MEALS

- 6 nights, half board ☒
- Double rooms ☒
- Hotel 4* ☒
- Half board ☒
- Fruits and snacks after each training session ☒

WHAT DOES THE SUPPORTER RESIDENTIAL CLINIC INCLUDE



TRANSFERS

Transfers from & to the Madrid airport (specific arrival time) ☒

Transfer to the facilities ☒



OTHERS

Full-time medical insurance ☒

KS representative 24/7 with the group ☒



ACCOMMODATION AND MEALS

6 nights, half board ☒

Double rooms ☒

Hotel 4* ☒

Half board ☒



WHAT DOES THE **CLINIC NOT INCLUDE**



EXTRA UNIFORMS



PERSONAL SHOPPING



VISA FEE (IF NECESSARY)



**AIRFARE TICKETS FROM AND
TO THE ORIGIN COUNTRY**



**ANYTHING NOT SPECIFIED
ON THIS BROCHURE**



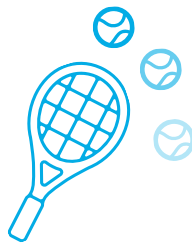
STEPS UNTIL THE CLINIC

THIS PROCESS MAY TAKE SOME TIME. PLEASE, WAIT UNTIL OUR TEAM CONTACTS YOU WITH THE FOLLOWING STEPS.

STEP 1

DEPOSIT PAYMENT

Register with the \$600 deposit payment via the link in your invite email.



STEP 2

FILL IN THE FORM

Wait until you receive an email with link to your Trip Registration Form which requires travelers details and flight information.

STEP 3

FIRST PAYMENT

In this form you must complete a payment of \$1,500 per group in your package.



STEP 4

FINAL PAYMENT

Through the same link you will be able to access to pay the remaining balance of your package before the payment deadline.

STEP 5

EXTRA ACTIVITY PAYMENT

You can book the extra activities and services that you are interested in.



STEP 6

PACK YOUR BAGS

Read our what to bring email and pack your bags!



STEP 7

TRAVEL TIME

Catch your flight and arrive at the designated time.



STEP 8

WELCOME TO MADRID!

Start your Kaptiva Sports Experience!



FAQ

1. CAN I HAVE THE HOTEL INFORMATION?

As final details are being set, hotel information will be sent to participants and families a few weeks before the event via email.

2. CAN I HAVE A QUADRUPLE ROOM?

Family room standards in Europe are quite different from those in USA and Canada. Family rooms are usually standard double rooms (one double bed) with an additional double pull-out bed. These rooms are only permitted for a maximum of 2 adults and 2 children. Due to the size, we highly recommend only booking double rooms.

3. CAN I ADD GUESTS TO MY RESERVATION?

Yes. Please email us with details of the additional guests so we can try to accommodate all changes. Please note changes may only be completed before the final payment date.

4. CAN I ARRANGE MY OWN ACCOMMODATION?

Due to logistics, team building, and insurance purposes, we require all players to stay at the same hotel. Supporters outside the groups registered through Kaptiva Sports will not be allowed at any training or extra activities.

5. HOW LONG ARE THE TRAINING SESSIONS?

The Carlos Alcaraz Academy methodology sets a maximum of hours per day of training to not overexert the children. Coaches will adapt the intensity of the trainings during that period.

6. DO YOUTH PLAYERS STAY WITH THEIR GUARDIANS?

All players will be assigned a coach who will inform your child and you of the day's schedule and important day-to-day information required. Coaches are responsible for your children during training. During free time in the evening, if the guardians are training or out in excursions, childcare is provided by the Kaptiva Sports staff until the set time. However, please also remember, players must sleep with an adult in their room.

7. DO PLAYERS NEED TO KNOW TO SWIM FOR THE POOL?

Yes. All players planning to attend the pool must know how to swim unassisted. If the player does not know how to swim, please let us know to plan other accommodations to the activity.

8. DO YOU PROVIDE OFFICIAL MATCH TICKETS?

We do not. Due to the number of players and relatives attending the tournament, we cannot obtain any access to game day tickets. We recommend you purchase them online via official selling points before your arrival. If there are any matches during the duration of the experience we will accommodate the schedule to allow players to attend.

9. HOW WILL THE PAYMENT WORK? CAN I PAY ALL AT ONCE?

Upon registration, a deposit payment will be required as a reservation of your trip (this payment is non-refundable). Afterward, you will receive email reminders on partial payments on specific due dates until the outstanding balance is paid in full. If you wish to complete the payment in full you can before the due dates. Full balances must be paid in full before the start of the event to be checked in.

10. CAN I WATCH THE TRAININGS?

Yes, afternoon trainings are open. However, we will only organize transportation and logistics for relatives to attend the training during Supporters' Day.

11. WHO WILL BE COACHING?

All coaches are from Kaptiva Sports along with two head coaches from the Carlos Alcaraz Academy.

12. ARE PASSPORTS REQUIRED TO TRAVEL?

Yes. You must possess a valid passport with a minimum of 6 months remaining validity to travel to Portugal. Ensuring you have a valid passport before participating in the program is your responsibility.

13. DO I NEED A VISA?

No visa is required for citizens of the European Union, the US, or Canada for stays up to 90 days. For citizens of other countries, we advise visiting your embassy website in your country of passport issuance for specific requirements. Kaptiva Sports is not responsible for any visa fees or documentation.

14. CAN I ADD EXTRA NIGHTS BEFORE THE EVENT?

Yes. However, please note that Kaptiva Sports will not be responsible for arranging transportation to/from the airport for participants arriving or leaving outside the designated days and times. Insurance for these extra nights is not included. To include additional hotel nights in your reservations, please email us upon registration so we can accommodate your request. Extra nights are subject to availability and will incur an additional cost.

CARLOS ALCARAZ ACADEMY

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